

# Marriage Adjustments



**CHANGES  
FINANCIAL  
SEXUAL ADJUSTMENTS  
IN-LAWS**

# Communication about . . .



Money

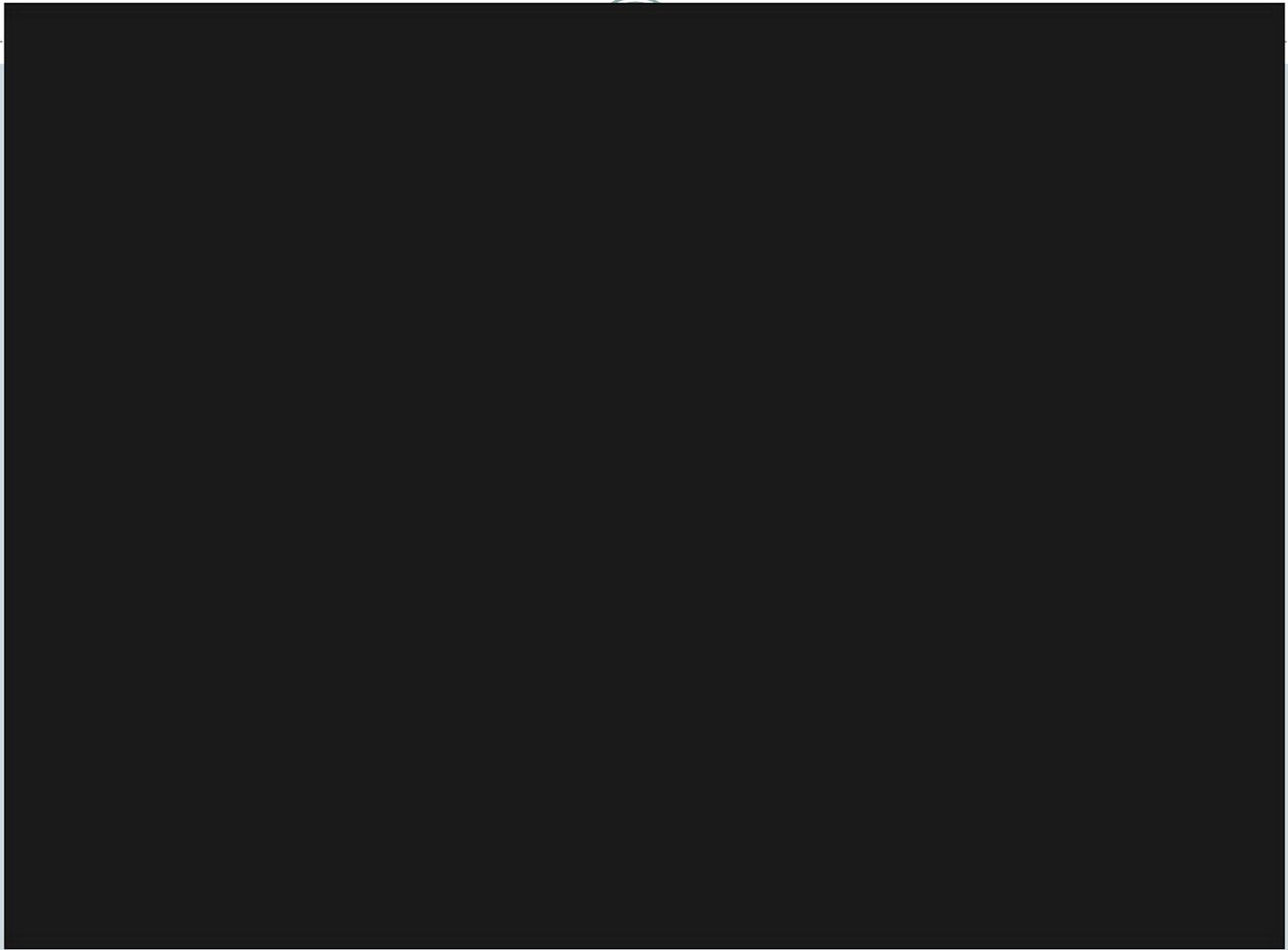
Children

TOP 4  
AREAS OF  
MARITAL  
CONFLICT

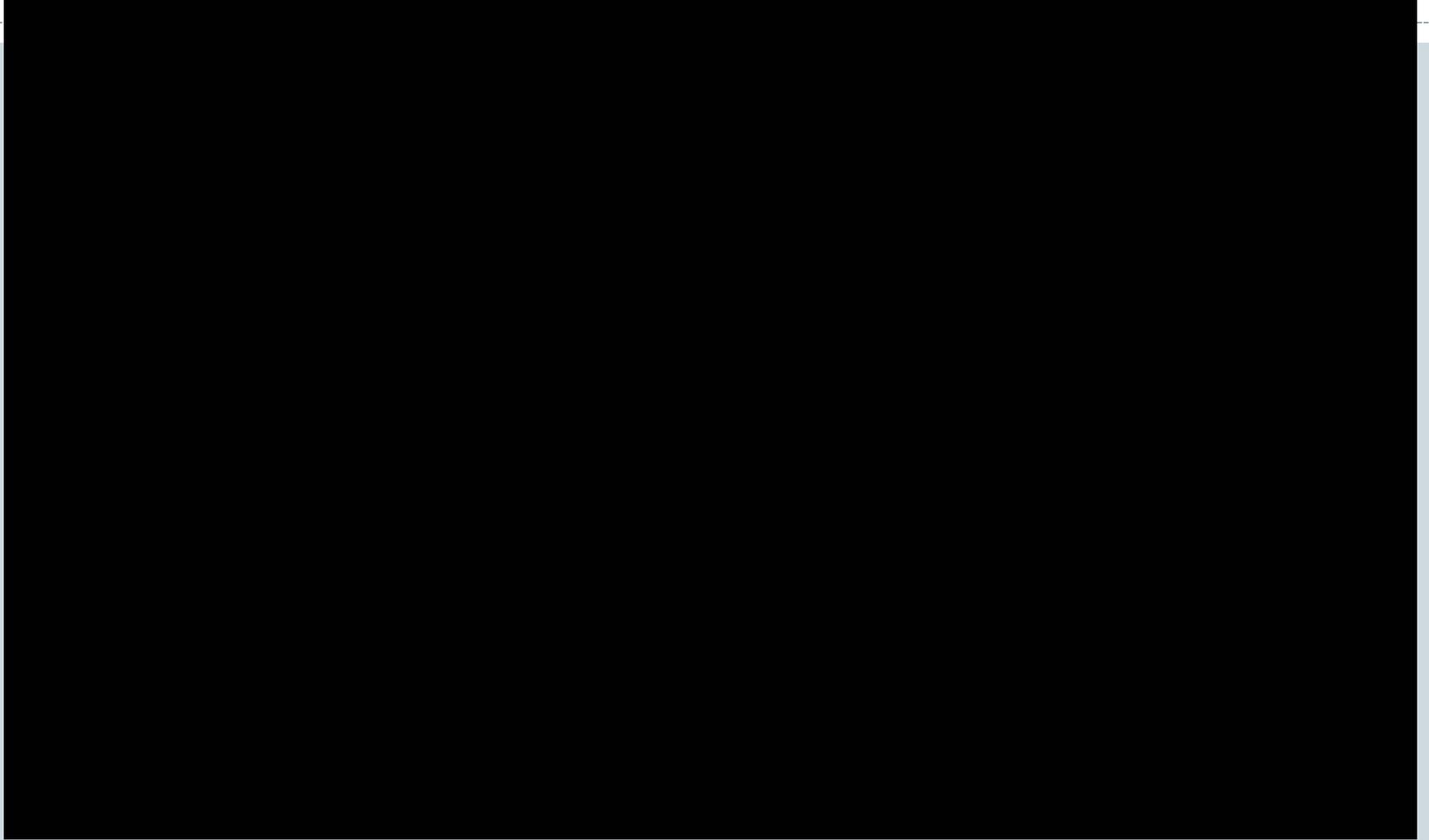
Sex

In-Laws

# Children



# In-Laws



# Marital Adjustments

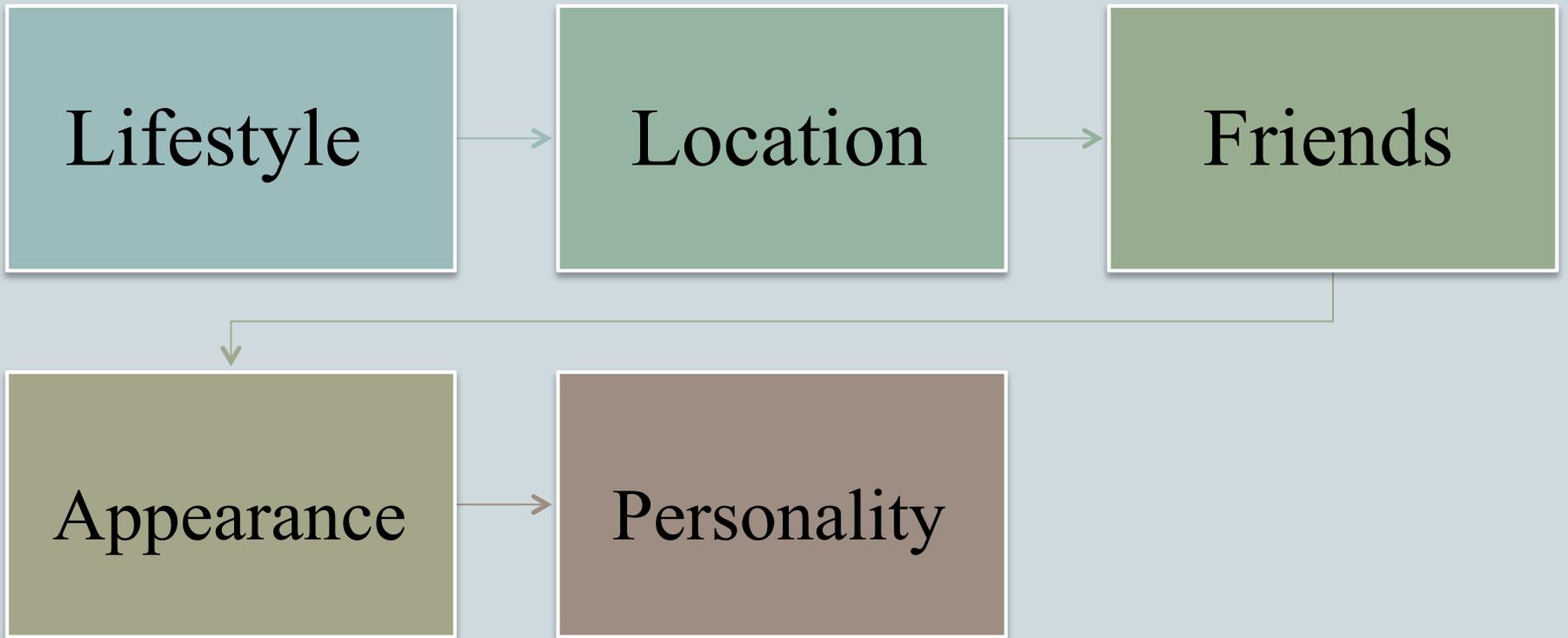


*Differences in  
the way you  
do things*

*Differences  
of opinion*

*Different  
expectations*

# Changes after Marriage



# Building In-Law Relationships



- **Seek Approval**

- Approval = Support

- **Know What to Call Them**

- Some like "Mom and Dad" but others might prefer you call them by their first name

- **Get Your Own Place**

- **Be Independent Together**

- Make your own decisions regarding schooling, finances, children, employment, etc. Asking your parents or in-laws for advice is okay, but make sure you and your partner make the final decision together

# Set Boundaries Together



- **Decide**

- How often and how long you will visit each others family
- Whether it is okay for them to drop by your home unannounced
- Whether weekly family dinners together are too much, etc.
- Politely letting your parents and in-laws know how you feel will help them to know when and how often they are welcome in your new home.

# Building In-Law Relationships



- **Share Some Activities**
  - Helps you to get to know them better and feel more comfortable with them.
- **Serve and Thank Them**
  - Be sure to thank them for anything they do for you, including being the parents of the partner you love.
- **Don't Try to Change Them**
- **Don't Tell In-law Jokes**
  - Will not help strengthen your relationship with them (or your partner) in any way and the things you say may get back to them. Refer to your in-laws in positive ways.

# Building In-Law Relationships



- **Avoid Financial Puppetry**
  - Financial support from in-laws often has some strings attached and you may end up feeling like they're using those strings to manipulate you.
  - Know what strings, if any, are attached to their support and abide by those expectations or don't accept the money to begin with.