

Pornography:

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graph LR; A[Pornography:] --- B[Printed or visual material containing explicit description or display of sexual organs or activity intended to stimulate erotic feelings]; A --- C[1. Harms the brain and heart<br/>2. Less satisfied and in love w/their partner, harms the world, and are more likely to engage in sex sooner with w/more partners];
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Printed or visual material containing explicit description or display of sexual organs or activity intended to stimulate erotic feelings

1. Harms the brain and heart
2. Less satisfied and in love w/their partner, harms the world, and are more likely to engage in sex sooner with w/more partners







Definitions

Sexual Violation

- A general term that includes all forms of unwanted sexual contact, exposure, or advances.

Sexual Assault

- Forms of unwanted sexual contact that include incest, indecent exposure, molestation, and sexual harassment. (Note that this list is not all-encompassing.)

Rape

- A crime in which “a person has sexual intercourse with another person without the person’s consent.” (*Utah Criminal Code Section 76-5-402*)

Statistics

Utah's rape rate ranks 17th in the nation; this places Utah's rate higher than California, New York, and the District of Columbia.

When it comes to sexual violence, why do you think Utah ranks so high?

Are there attitudes or beliefs that may influence the way people form their opinions of rape in Utah?

Statistics

Although Utah's rape rates already seem high, experts believe that rape is actually underreported.

Only 1 in 10 victims ever report to law enforcement and only 3 percent seek services from rape crisis centers.

(National Crime Victim Survey, 2002)

Why is there a lack of reporting?

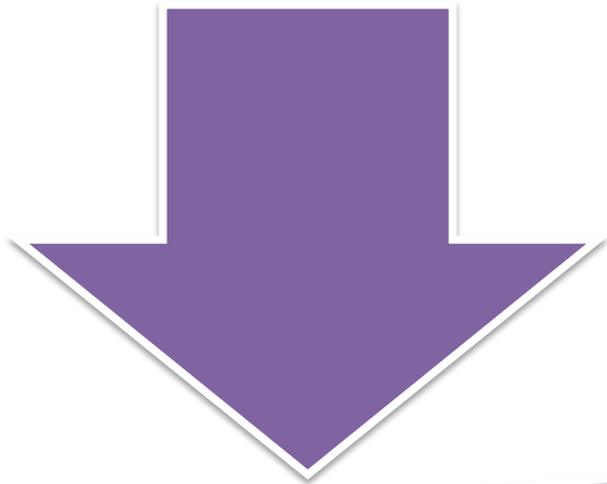
Fear of the attacker

Victims feel that they are to blame for the attacks

Fear of judgment from others- others won't believe them!

Lack of understanding about what happened

Fear of being prosecuted for underage drinking



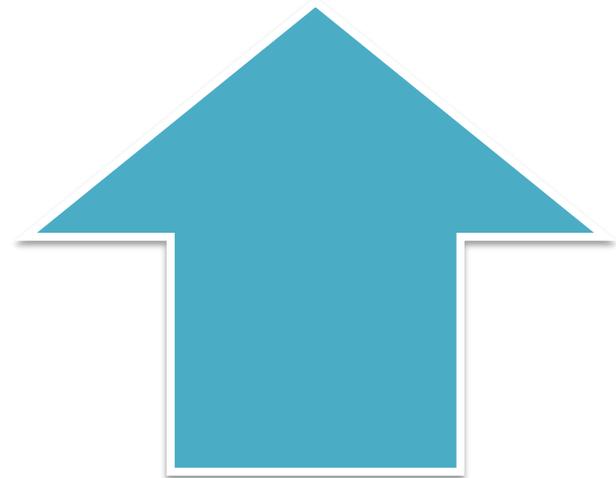
Myth:

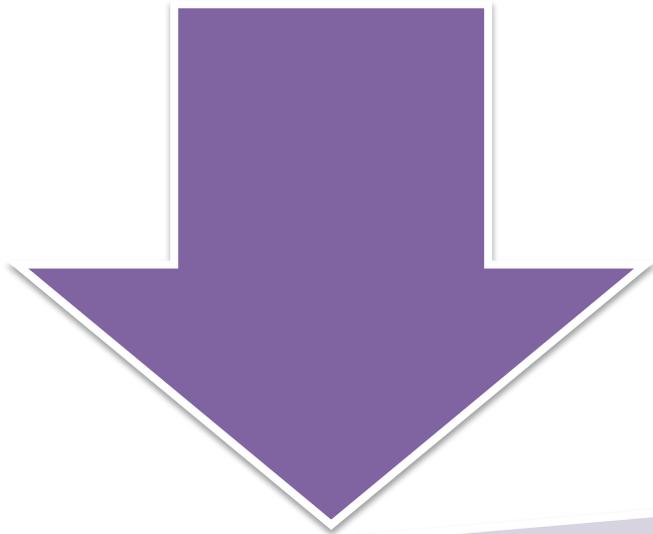
It could never happen to me.



Reality:

Anybody can be raped, regardless of age, gender, class, race, occupation, religion, sexual orientation or physical appearance. In Utah, one in eight women will be raped and one in three will be sexually assaulted.



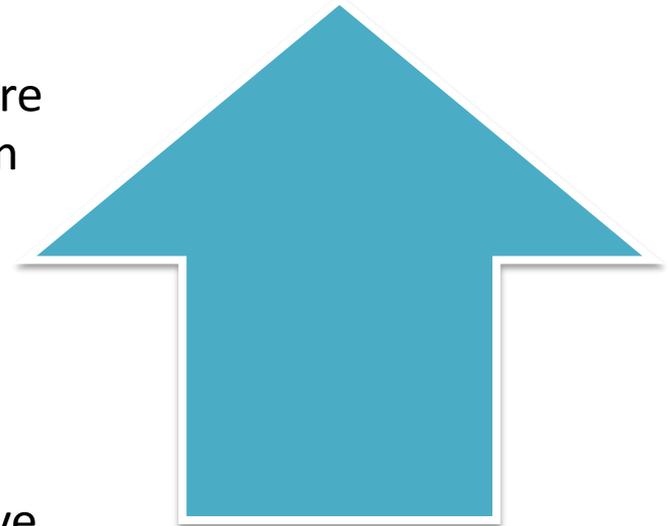


Myth:

Rapes are committed in dark alleys by strangers.

Reality:

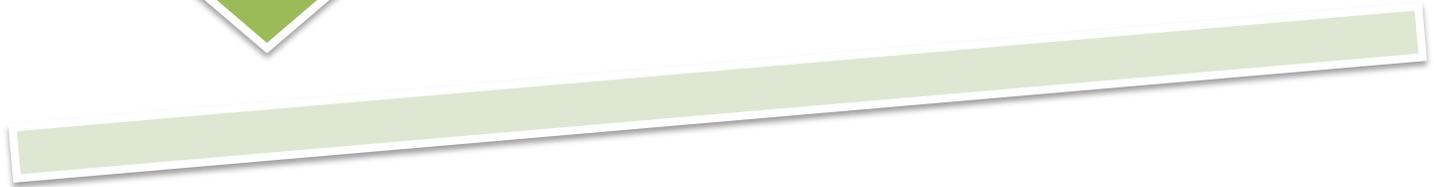
- In the U.S., over 80% of sexual assault cases were perpetrated by an attacker who knew the victim s/he assaulted.
- In Cache Valley, 99% of victims know their attackers.
- According to the U.S. Department of Justice, 6 out of 10 rapes and sexual assaults occur in the victim's home or at the home of a friend, relative, or neighbor.





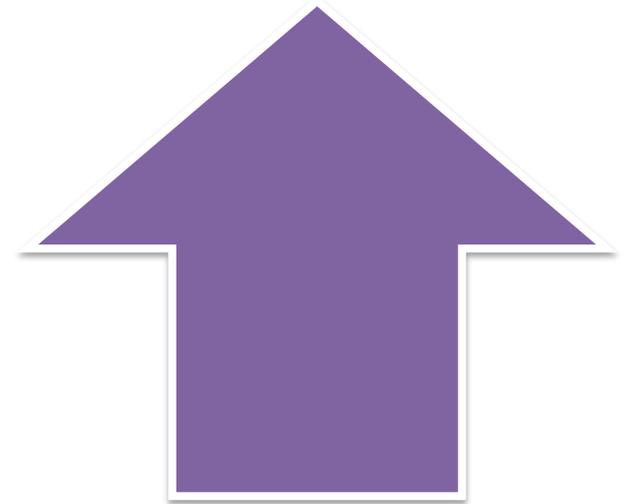
Myth:

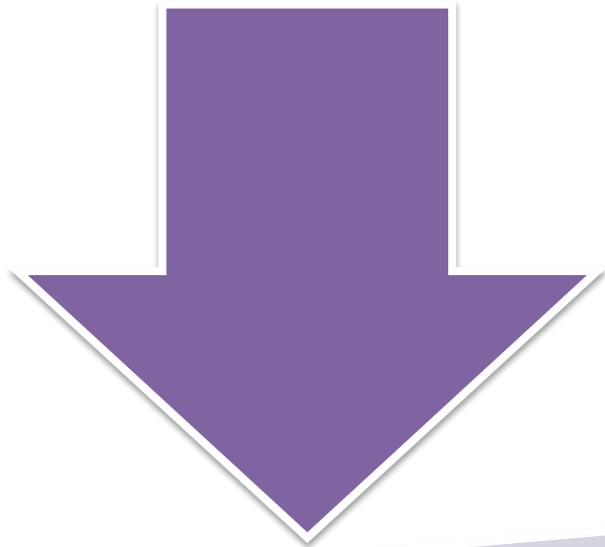
Rapists are acting on impulse.



Reality:

- Sexual assault is an act of violence, power and control - not passion.
- Rape is NOT about sex – it is about power and control, using sex as the weapon.
- The youngest rape victim reported to the FBI was just days old – the oldest was 97





Myth:

- If I didn't fight back it's my fault or not really rape.



Reality:

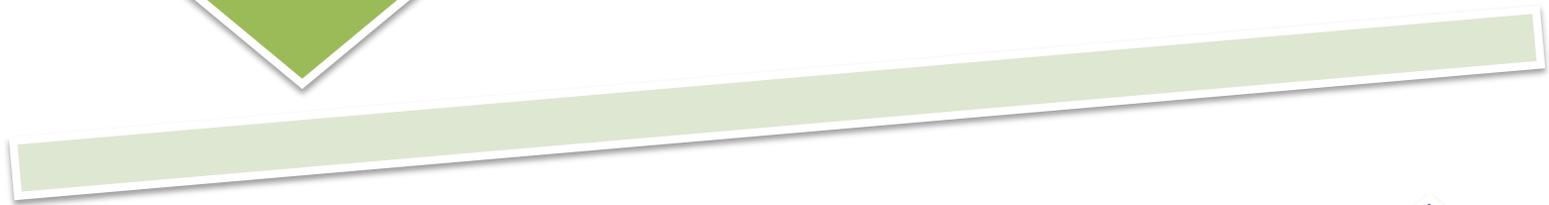
- Submitting to sexual assault to save your life, to keep from being hurt, or because you were afraid does not make it any less of a crime
- SUBMISSION IS NOT CONSENT. If you did not want it, it was sexual assault.





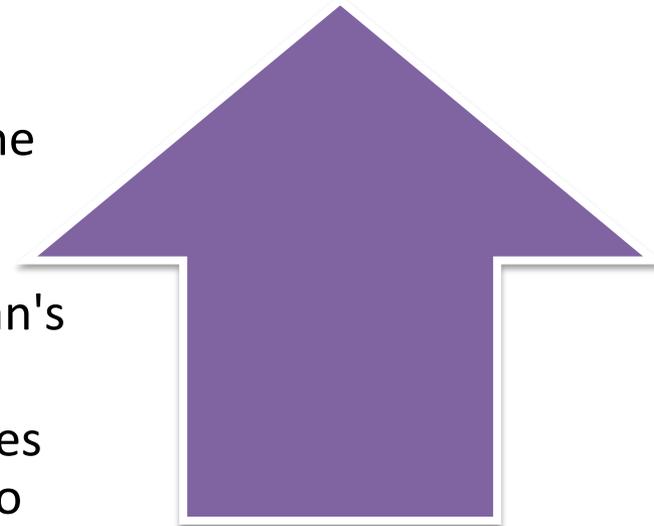
Myth:

- Many women ask for it by the way they dress or behave.



Reality

- Acting unwisely and causing an assault are not the same. The Federal Commission on Crimes of Violence found that only 4% of reported rapes involved any precipitating behavior on the woman's part.
- Men may interpret almost anything a woman does as asking for it. Our society encourages women to be sexually attractive to men, but those who are raped are condemned as deserving it.



What does it mean to give consent?

Do you have to actually say yes to give consent?

Do you have to say *no* to deny consent?

Is body language enough?



Victims can communicate that they don't consent to sex through their words OR through their conduct. In other words, in Utah, victims' actions are enough to mean NO.

No means no!

If you refuse sexual activity either verbally or physically or if you were unable to give consent, it is rape!

Legally, Consent assumes a physical power to act and a reflective, determined, and unencumbered exertion of these powers. Consent can not be given if:

They or someone close to them is threatened and believes the offender capable of carrying out the threat.

They have not given consent, & the suspect knows that they are unconscious, unaware that the act is occurring, or physically unable to resist.

They are incapable either of appraising the nature of the act or of resisting it due to a mental disease or defect.

They have been administered any substance without their knowledge.

They are younger.



**PRE-CONCEIVED ASSAULT:
WOULD YOU
INTERVENE??**

**with ABC Television's
"What Would You Do?"**

True Consent

You want to be there.

You are sober.

You verbally agree to and feel comfortable actively participating in sexual behaviors

You don't feel pressured or uncomfortable.



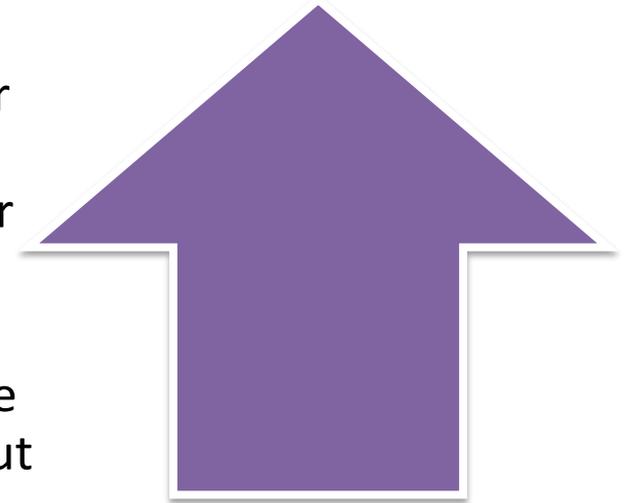
Myth:

If I was using illegal drugs or consuming alcohol underage at the time of the rape, I will get in trouble if I tell someone about it.



Reality:

- If you were raped, you will not get in trouble for other activities you were participating in at the time, even if you were consuming alcohol under the age of 21 or using illegal drugs.
- You may be asked about those activities, including whether you were under the influence of alcohol or drugs at the time of the assault, but you will not get in trouble for it.



What should you do if you have been raped or sexually assaulted.

Get to a safe place!

If you are in immediate danger or have serious injuries call 911.

Call someone you trust or talk to a rape crisis advocate.

Seek Medical Attention.

Do not shower or bathe before having an examination.

If oral contact took place don't smoke, eat, drink, or brush your teeth before you are examined.

If you have already changed your clothing but your clothing in a paper bag and take it with you.

Seeking Medical Attention

Medical attention is vital, as you may have injuries of which you are unaware. A medical professional can also test you for sexually transmitted diseases and pregnancy, and provide appropriate treatment.

Getting medical care is a major step toward recovery and healing. There are several resources in Cache Valley for medical care, including:

A
personal
or family
physician

Logan
Regional
Hospital

Cache
Valley
Specialty
Hospital

Planned
Parenthood

USU
Student
Wellness
Center

Reporting an Assault

The decision to report the assault to law enforcement is solely up to you if you are 18 years or older.

- if you are under 18 and you disclose identifying information about yourself to a victim advocate or medical personnel and abuse is suspected, they are required by law to report it.

Deciding whether or not to report a sexual assault is very difficult for most survivors.

- Reporting may simply not be possible for you right now. Only you know.

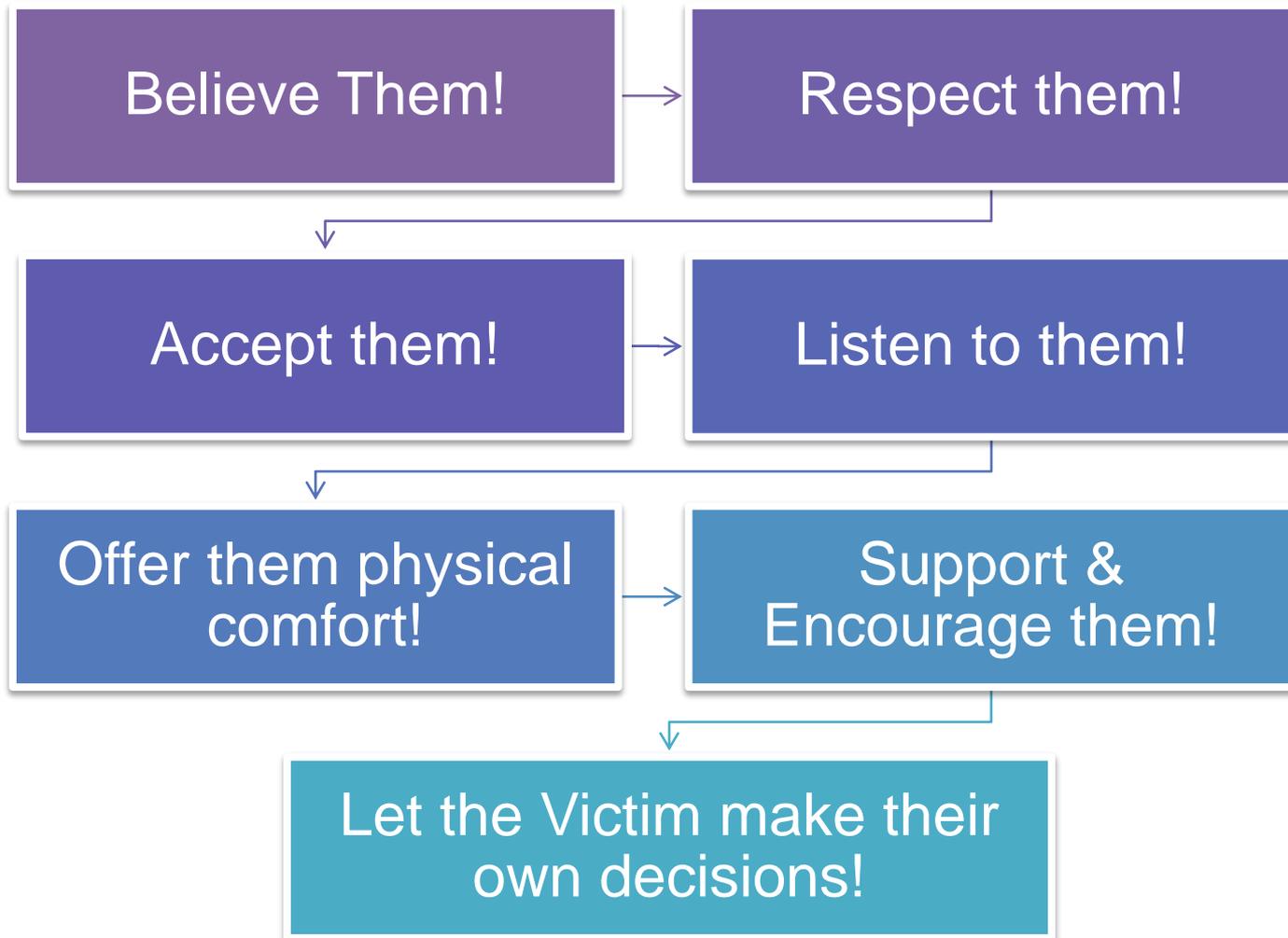
If you choose to report the crime, it is very important to report a sexual assault to the police as soon as possible.

- In many cases, the ability to catch and prosecute the offender depends on it.

Reporting is the only way that law enforcement will know that the rapist is dangerous and hopefully protect you and others from him or her.

- However, you are entitled to decide what is best or possible for.

How can you help someone who is a Victim of Rape/Sexual Assault.



Things to Remember . . .

Rape is a Crime of Power and Control!

Acts of sexual violence are aggressive means of dominating the victim—NOT attempts to achieve sexual fulfillment!

Many sexual assault involve threats of bodily harm or other forms of intimidation and humiliation.

Victims suffer severe psychological injury and physical injury!

Things to Remember . . .

A Survivor is **NEVER** responsible for the assault.

People often mistakenly assume that the survivor could have somehow prevented the assault by doing something differently.

Some people also believe that if the survivor did not actively resist the attack, the she/he must have given consent.

This unfairly suggests that they are responsible for the assault!

Things to Remember . . .

The Truth is that No One Knows!

No one knows how they will respond when placed in a life-threatening situation. They may fight back or they may become paralyzed with fear.

They may also recognize the futility of fighting back and submit to their basic survival instinct!

Implying that a survivor bears some of the responsibility in the assault will only build emotional distance between you.

What he or she needs now is unconditional support!

Sexual Harassment

Is unwanted or unwelcome

Is sexual in nature or gender-based

Is severe, pervasive, and/or repeated

Has an adverse impact on the workplace or academic environment

Often occurs in the context of a relationship where one person has more formal power than the other or more informal power